

Paediatric First Aid Course

To equip first aiders with the knowledge and skills necessary to perform high quality first aid without fear of making mistakes to newborns and children

Course Content

1. Safety of a First Aider
2. Scene Assessment and calling emergency services
3. Primary Assessment for conscious and unconscious newborn and child
4. Recovery Position for unconscious, breathing newborn and child
5. CPR and Call-First approach
6. Serious Bleeding, shock and spinal Injury
7. Conscious/Unconscious choking newborn and child
8. Meningitis
9. Asthma
10. Seizures & epilepsy
11. Allergic Reactions
12. Insect & Jellyfish Stings
13. Hypo/hyperglycemia
14. Hyperventilation
15. Strains and Sprains
16. Minor cuts, scrapes and bruises I. Eye Injury
17. Electrical Injury
18. Burns
19. Hypothermia
20. Heat Stroke and Exhaustion



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